



The Clearing for Men

A Weekly Group

Communication, Character, Commitment

You're dealing with your work, family demands, budgets and tight schedules. They all add up to a heavy load to carry, and you may think, "That's just the way life is. It's all part of being a man."

The good news is that you can lessen the load you are carrying and bring balance back to your life. We have a proven way of dealing with your burdens that will allow you to enjoy the good times again.

The Clearing for Men is a group that gathers to give each other a place to exchange thoughts. It is not a therapy group or lecture. It is a class that is structured to help men lift each other up in being the best that we can be. We support one-another in learning how to "show up" in our relationships with compassion, respect, and personal power.

If you are interested in joining The Clearing for Men, please email Bob to set up a time to observe the group.

Tuesdays 6:30-8:30pm | Thursdays 10am-12pm & 6:30-8:30pm (ET)

Our group has been helping men handle life's stresses for 20 years. Over 1000 men, from all walks of life, have benefited from our program, and you can as well.



*with
Bob Patterson
and
Sulaiman Nuriddin*

